



**BNADO**  
BAHRAIN NATIONAL ANTI  
DOPING ORGANISATION  
الوكالة البحرينية  
لمكافحة المنشطات

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# ANNUAL REPORT

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# 2024



# TABLE OF CONTENTS



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03	ACKNOWLEDGEMENTS
05	ABOUT BNADO
08	2024 IN NUMBERS
09	BOARD OF DIRECTORS MEETINGS
10	BNADO VISITS
11	INTERNATIONAL PARTICIPATION
14	EDUCATION & LEARNING
18	DOPING CONTROL OPERATIONS

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# CHAIRMAN ACKNOWLEDGEMENT

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As we reflect on the accomplishments of the Bahrain National Anti-Doping Organization (B-NADO) in 2024, we would like to extend our heartfelt appreciation to the wise leadership of the Kingdom of Bahrain for their steadfast support of the sports sector. This unwavering commitment exemplifies Bahrain's relentless efforts in combating the scourge of doping on an international level.

I would like to express my sincere gratitude to our dedicated team, stakeholders, and partners. Your unwavering commitment to promoting clean sport has been instrumental in our progress. Together, we have made significant strides in enhancing awareness, implementing effective testing programs, and fostering a culture of integrity within our athletic community.

Our collaborative efforts have not only improved compliance with international standards but have also empowered athletes to compete with confidence, knowing they are part of a fair and transparent sporting environment.

I am particularly proud of our initiatives aimed at combating doping and emphasizing the importance of ethical conduct in sports. One of our key achievements this year was receiving international accreditation from the World Anti-Doping Agency (WADA). This accreditation, awarded for our compliance with international anti-doping standards following successful audits, is a testament to our dedication and progress in implementing best practices in anti-doping.



It not only validates our efforts but also demonstrates our unwavering commitment to maintaining the integrity of sport. ahead, we remain committed to advancing our mission. We will continue to strengthen our partnerships, invest in innovative initiatives, and engage in research that supports our objectives.

I am confident that with your continued support, we will reach even greater heights in our fight against doping in sports, safeguarding the values of fair play and sportsmanship for generations to come.

Thank you for your dedication and support as we work together towards a cleaner, more equitable sporting landscape.

**Dr. Khaled Alshaikh**

Chairman  
Bahrain National Anti-Doping Organization



# CEO ACKNOWLEDGEMENT

In presenting the Bahrain National Anti-Doping Organization's (BNADO) annual report for 2024, we reflect on our strategic objectives and the substantial progress achieved in fostering a culture of clean sport within Bahrain.

Guided by our vision of a Bahraini Doping-Free Sport, BNADO strives to eradicate doping across all sporting disciplines while raising awareness of its detrimental effects on athletes, families, and society. We are unwavering in our commitment to upholding the principles of fair play and ensuring that victories are earned through legitimate means, in strict adherence to international standards and regulations.

Throughout the year, we have diligently overseen and guided our anti-doping efforts, ensuring strict alignment with international best practices. Our proactive engagement with regional and global partners has significantly strengthened our collaborative efforts, enhancing our collective ability to combat doping effectively.

A momentous achievement this year was the attainment of international accreditation from the World Anti-Doping Agency (WADA). This prestigious recognition, bestowed upon us following rigorous audits that assessed our adherence to international anti-doping standards, underscores our unwavering dedication to implementing best practices and upholding the integrity of sport.

We take immense pride in cultivating a culture of fair play among athletes, coaches, and sporting organizations through comprehensive educational initiatives and outreach programs. Moreover, we are actively engaged in conducting cutting-edge anti-doping research and studies to gain deeper insights into the challenges we face and refine our strategic approach.



Integral to our mission is the unwavering support of policies and legislation that promote a level playing field for all athletes. We remain steadfast in our advocacy for robust frameworks that not only facilitate clean sport but also safeguard the rights and well-being of athletes. Furthermore, our investment in a sophisticated information system has significantly streamlined our operations and data management, enabling us to respond swiftly and effectively to any doping violations.

As we embark on the year 2025, we are filled with optimism for the future. In collaboration with our esteemed partners and stakeholders, we will continue to uphold the paramount principles of fair competition and integrity, ensuring a brighter future for clean sport in Bahrain.

**Mr. Saad Alnefaei**  
Chief Executive Officer  
Bahrain National Anti-Doping Organization



# ABOUT BNADO

Bahrain National Anti-Doping Organization (BNADO) seek to maintain the integrity of sport in terms of respecting rules, other competitors, fair competition, a level playing field, and the value of clean sport in Bahrain.



Bahrain National Anti-Doping Organization (BNADO) is regarded as the competent, independent and qualified authority for enforcing the provisions of international anti-doping code in the sports field. acknowledged Internationally by the World Anti-Doping Agency (WADA) to carry out anti-doping tasks at the national level.

The Agency develops, implements, and oversees overall anti-doping in sport policies. Along with overseeing and monitoring the doping control work and activities in all sporting organizations within the Kingdom.



# Vision & Mission

## VISION

Bahraini  
Doping-Free  
Sport.

## MISSION

To work against doping in all sport fields in Bahrain and create a comprehensive awareness of doping risks on athletes, parents, and society and promoting the principle of achieving victory in accordance with the principles of fair play in compliance with international law and standards in the field of anti-doping.

## VALUES

Excellence and Innovation

Integrity



Professionalism

Teamwork



# STRATEGIC OBJECTIVES



## OVERSIGHT AND GUIDANCE

Enhancing the role of monitoring on all parties involved in anti-doping, giving them the support they need to adhere to the relevant standards and procedures, and holding offenders accountable.



## REGIONAL AND INTERNATIONAL COOPERATION

Reinforcement of strategic partnerships at regional and international levels in the area of anti-doping.



## CREATING A CULTURE OF FAIR PLAY

Create a culture of fair play and competition free of steroids.



## DEVELOPING ANTI-DOPING STUDIES AND RESEARCH

Develop studies and research that shed light on the harms of using stimulants and their effects on physical and psychological health.



## SUPPORTIVE POLICIES AND LEGISLATIONS

Ensure that supporting policies are in place to enable the BNADO to conduct its work in accordance with best practices.



## INTEGRATED INFORMATION SYSTEM

Provide cutting-edge information systems that can keep up with the field's quick changes and guarantee data security and confidentiality.

# SERVICES

Professional Samples Collections.

Educational Anti-doping Programs.

Effective Anti-doping Supervision.

Expert Anti-doping Consultation.

Therapeutic Use Exemption (TUE).

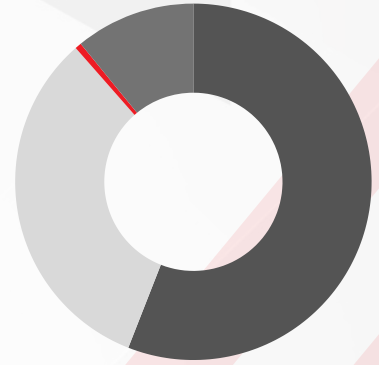




# 2024 IN NUMBERS

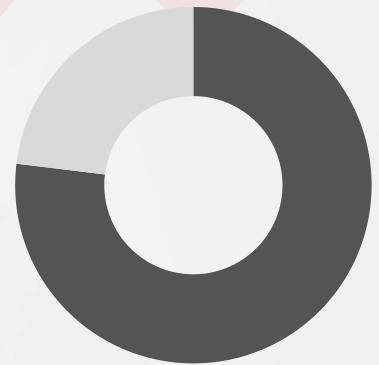
## EDUCATION & LEARNING

Participants  
1940



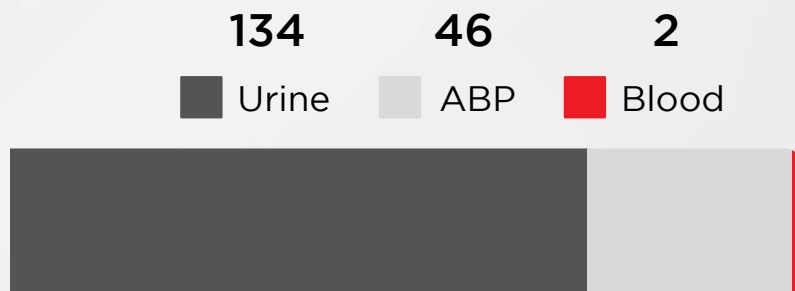
## DOPING CONTROL OPERATIONS

Conducted Tests  
159



- The Conducted Tests number has increased from 2023 to 2024 by approximately 50%

Collected samples  
182







# BOARD OF DIRECTORS MEETINGS

In 2024, the Bahrain National Anti-Doping Organization (BNADO) held five pivotal meetings of its Board of Directors (BOD) in quarterly basis, each strategically designed to drive our mission of promoting clean sport forward. These meetings facilitated high-level discussions on our internal and external policies, enabling the BOD to assess current practices and identify areas for improvement. By aligning our strategic objectives with the latest international standards, we have enhanced our operational frameworks and developed targeted initiatives to engage stakeholders across the sporting community. The insights gained and decisions made during these meetings have not only strengthened our organizational governance but also positioned BNADO as a proactive NADO in the global movement, ensuring we remain at the forefront of fostering integrity and transparency in sports.



Board of Directors Meeting

December, 2024



# BNADO VISITS

**Bahrain National Anti-Doping Organisation (BNADO) Explored the Cooperation Opportunities with the World Anti-Doping Agency (WADA) and the Athletics Integrity Unit (AIU).**



This visit, that was in September 2024, comes within the framework of the ongoing cooperation between the Bahrain National Anti-Doping Organisation and specialized international organisations, serving the desired goals of eliminating doping in sports.

During the meeting, the achievements of the Bahrain agency for this year were reviewed, strategic priorities were discussed, and areas of cooperation and exchange of expertise between the agency and the Integrity Unit were explored, as well as ways to develop and enhance them to broader levels in this field.



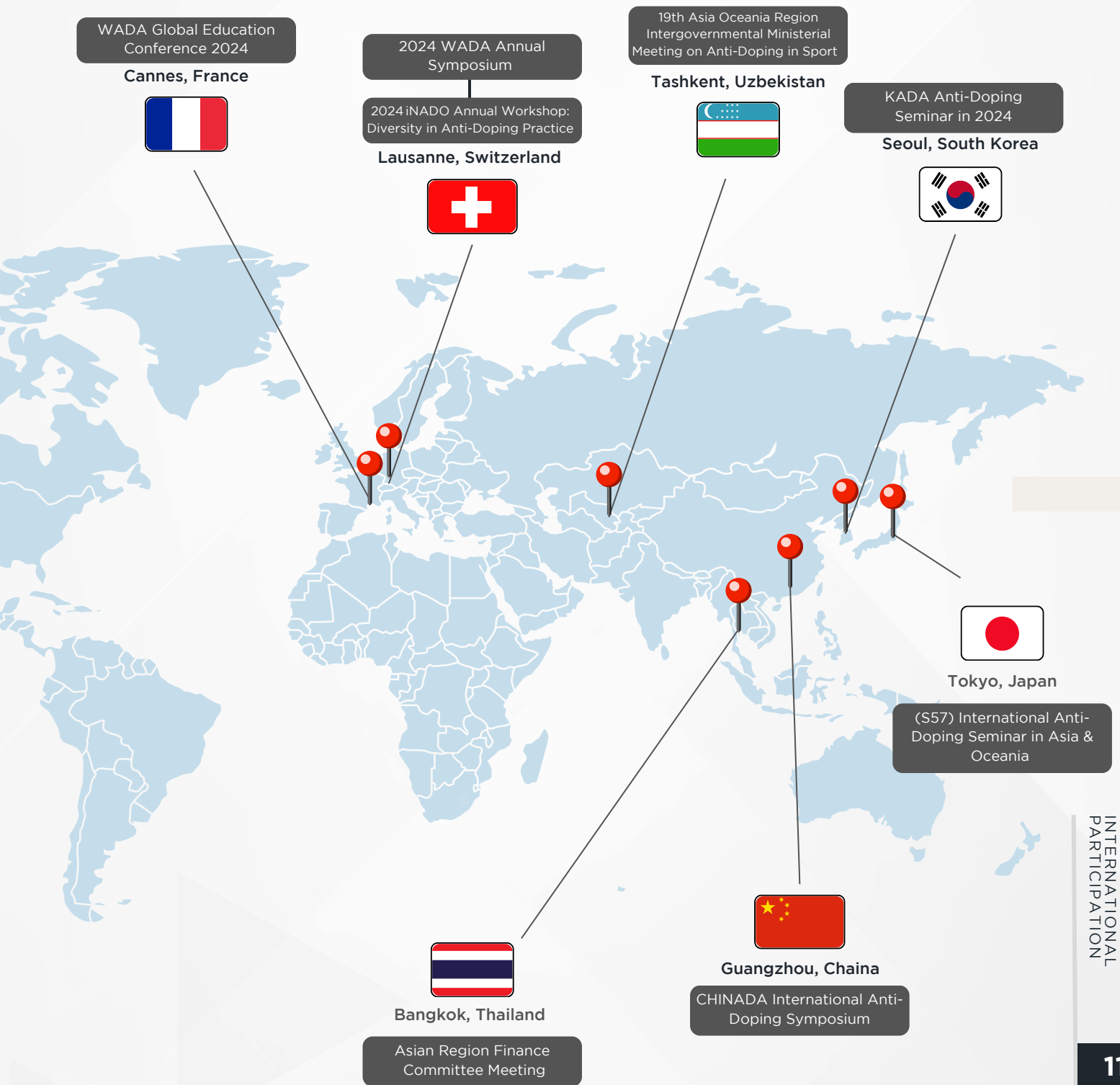
WADA & AIU Meeting

September, 2024



# INTERNATIONAL PARTICIPATION

In line with our commitment to enhancing our strategic partnerships at regional and international levels in the field of anti-doping, BNADO has actively engaged in various international conferences and major events. We have made considerable progress in broadening our framework for international exchanges while consistently maintaining strong partnerships. These initiatives have opened new opportunities and channels for cooperation, highlighting our dedication to promoting integrity in sports.





# INTERNATIONAL PARTICIPATION



**2024 WADA Annual Symposium**

12 - 13 March 2024



**Asian Region Finance Committee Meeting**

29 April 2024



**KADA Anti-Doping Seminar in 2024**

13-14 May 2024



# INTERNATIONAL PARTICIPATION



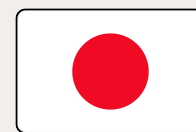
**19th Asia Oceania Region Intergovernmental Ministerial Meeting on Anti-Doping in Sport**

22-23 May 2024



**CHINADA International Anti-Doping Symposium**

5-6 November 2024



**(S57) International Anti-Doping Seminar in Asia & Oceania**

11-12 Dec 2024





# EDUCATION & LEARNING

Bahrain National Anti-Doping Organisation (BNADO) is dedicated to cultivating a culture of clean sport through robust education and learning initiatives. Our programs aim to educate Athletes, and Athlete’s Support Personnel about the significance of anti-doping practices and the repercussions of doping violations.

By emphasizing education, BNADO empowers athletes and the broader sports community with essential knowledge and resources to make informed choices, fostering a doping-free environment in Bahrain. Together, we can create a culture of fair play that resonates throughout our sporting landscape.

## BNADO EDUCATION ACTIVITIES

Total of Sessions/Programs

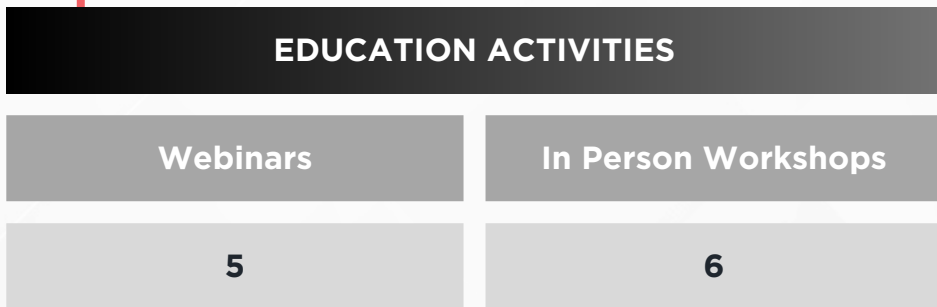
11

Topics

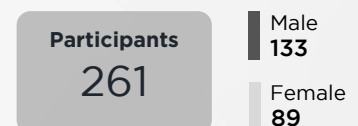
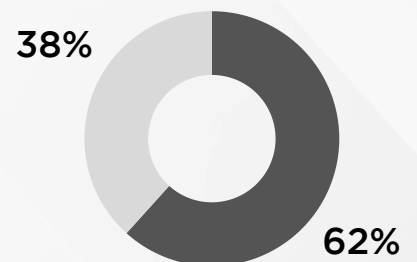
6

Total Participants

261



	Participants	Male	Female
Athletes	233	146	87
Athlete’s Support Personnel	28	15	13
<b>Total</b>	<b>261</b>	<b>161</b>	<b>100</b>



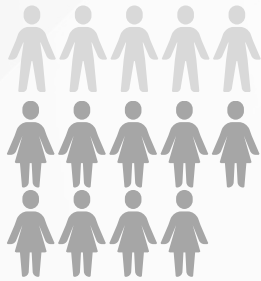


## SPECIALIZED PERSONNEL TRAINING PROGRAM

The Bahrain National Anti-Doping Organization (BNADO) has concluded its Chaperone Training Program, designed in accordance with the highest international standards set by the World Anti-Doping Agency (WADA).

### CANDIDATES

14



Chaperone Accreditation Program November, 2024

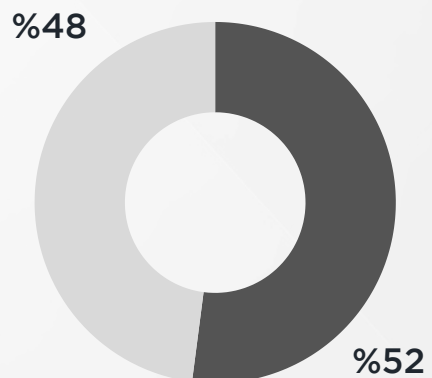
## E-LEARNING (ONLINE COURSES OFFERED ON ADEL)

ADEL is designed by WADA to educate athletes, Athletes Support Personnel, and any other interested about the importance of anti-doping regulations. By offering concise and engaging online courses, ADEL fosters a culture of clean sport and supports continuous improvement in understanding and compliance with anti-doping standards.



- 52% of the completions belongs to the "Athletes"
- The other 48 % of the completions belongs to The "Others"

\*"The Others" includes: Coaches, administrators, sample Collection Personnel's and more





## EVENT-BASED EDUCATION

In line with its commitment to raise awareness about combating doping, the Bahrain National Anti-Doping Organization (BNADO) participated in two major events events, the Bahrain Sports day and the 2024 ISF World School Games.

**2**  
Major Events

**1340**  
Total Visitors



يوم البحرين الرياضي  
Bahrain Sports Day



Bahrain Sports day

February, 2024



ISF GYMNASIADE  
BAHRAIN 2024



2024 ISF World School Games

December, 2024





## IN PERSON WORKSHOPS

In 2024, the Bahrain National Anti-Doping Organization (BNADO) conducted a series of educational sessions to enhance awareness of anti-doping regulations among athletes, coaches, and officials. These initiatives emphasized the importance of clean sport and provided essential resources for compliance. The positive feedback highlights BNADO's success in fostering a culture of integrity and accountability within the sporting community.



Ice Hockey Awareness Session

October, 2024



National Team Awareness Session

November, 2024



2024 ISF Awareness Session

December, 2024



# DOPING CONTROL OPERATIONS

In the past year, the Bahrain National Anti-Doping Organization (BNADO) has strengthened its testing and result management processes within doping control operations. By implementing a robust framework for both in-competition and out-of-competition testing, BNADO has ensured comprehensive monitoring of athlete compliance with anti-doping regulations.

Our Team have conducted meticulous sample collection, adhering to strict protocols to guarantee the integrity of the process. Samples were analyzed at accredited laboratories, utilizing advanced technologies for precise detection of prohibited substances. Timely and transparent result management has been a priority, with established procedures in place for handling positive results. Through these efforts, BNADO reaffirms its dedication to promoting fair play and maintaining the highest standards of integrity in sport.

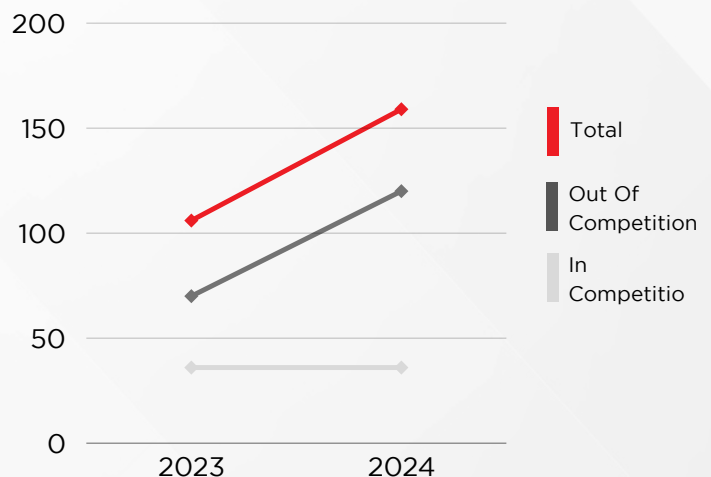
## B-NADO DOPING CONTROL TEST

2023			
Test Type	In Competition	Out of Competition	Total
B-NADO Testing Program	30	70	100
others	6	0	6
Total tests	36	70	106
2024			
Test Type	In Competition	Out of Competition	Total
B-NADO Testing Program	14	120	134
others	22	3	25
Total tests	36	123	159

While the **In Competition** remained the same as the previous year, the **Out Of Competition** tests has increased by

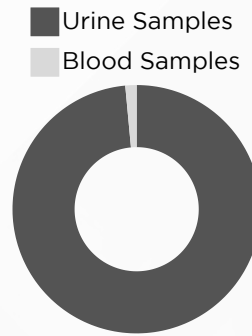
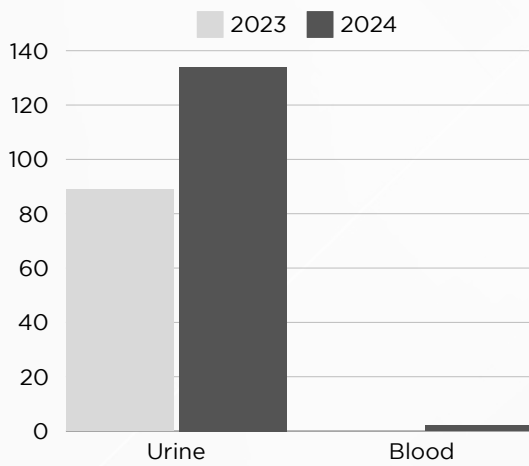


And the **Total** amount of the tests has increased by





2023	
Number of Urine Sample	Number of Blood Sample
89	0
89	
2024	
Number of Urine Sample	Number of Blood Sample
134	2
136	

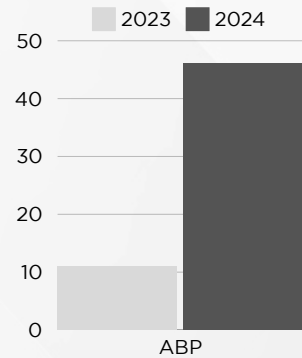


Majority of the samples collected were Urine Samples

**134**

2023
Number of ABP Sample
11
2024
Number of ABP Sample
46

= **318%** Increase





## THERAPEUTIC USE EXEMPTION (TUE)

At the Bahrain National Anti-Doping Organization (BNADO), we recognize the importance of balancing the health needs of athletes with the need to maintain a fair and level playing field in sports. To this end, we have implemented a robust framework for managing Therapeutic Use Exemptions (TUEs).

BNADO is committed to ensuring that the TUE process is transparent, fair, and in line with international standards set by the World Anti-Doping Agency (WADA). We aim to educate athletes and healthcare providers about the TUE process, including the application procedures and the importance of compliance with anti-doping regulations.

This year, BNADO has successfully streamlined the TUE application process, making it more accessible for athletes. Through enhanced communication and support, we ensure that athletes understand their rights and responsibilities regarding TUEs.

By fostering a culture of fair play and integrity, we aim to minimize the risks associated with doping while supporting athletes' health needs. Our ongoing efforts to monitor and evaluate the TUE process will help ensure that it serves its intended purpose without compromising the integrity of sport.

### TUEs Done By B-NADO

Sport	TUE	Type	Substance
Rugby	1	S3.B2 agonists	Salbutamol
Equestrian	1	S3.B2 agonists	Salbutamol
Total	2		

SPORTS

2

Both TUEs applications were for the same substance

Salbutamol



## ANTI-DOPING RULE VIOLATIONS (ADRV)

In 2024, BNADO has continued to uphold its strong commitment to addressing Anti-Doping Rule Violations (ADRVs) in order to preserve the integrity of sports. We have put in place rigorous enforcement measures to tackle violations, ensuring that individuals who violate anti-doping regulations face suitable repercussions. By emphasizing transparency and accountability, BNADO aims to cultivate a culture of clean competition, further solidifying our dedication to protecting the health and fairness of athletics.

### ADRV CASES

**4** ADRV cases has been occurred in 2024



comparing to **5** in the previous year

75% out of the violated athletes were **athletics** athletes.



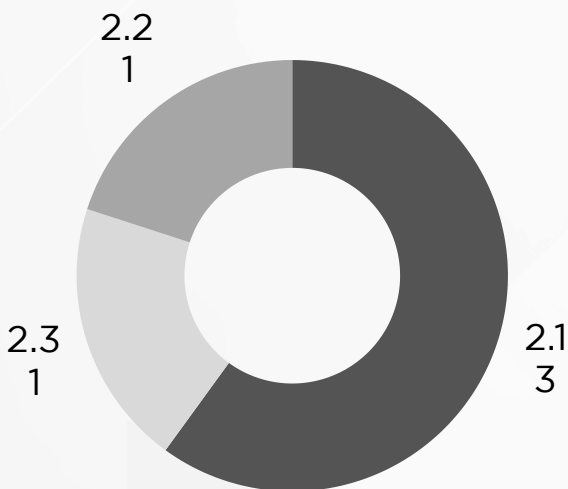
75%

75% out of the violated athletes were sanctioned for **4 years**.



75%

### RULES VIOLATED



**2.1** Presence of a Prohibited Substance or its Metabolites or Markers in an Athlete's Sample

**2.2** Use or Attempted Use by an Athlete of a Prohibited Substance or a Prohibited Method.

**2.3** Evading, Refusing or Failing to Submit to Sample Collection by an Athlete.



## PARTICIPATED EVENTS

Bahrain National Anti-Doping Organization (BNADO) is proud to highlight its active participation in various international and national championships and events held in Bahrain throughout 2024. These engagements exemplify our commitment to promoting clean sports and ensuring fair competition at all levels. By collaborating with athletes, athlete support personnel, and event organizers, BNADO has played a vital role in raising awareness about anti-doping regulations and the importance of integrity in sports. Our presence at these prestigious events not only reinforces our mission but also strengthens Bahrain's reputation as a hub for international sporting excellence.





# Contact Us!

Reach us for further communication and information!



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